



**NURTURING  
HEARTS  
RESTORING  
ENERGY**

Australia's leading sanctuary for women experiencing grief, loss and exhaustion

[womenshealingsanctuary.com.au](http://womenshealingsanctuary.com.au)

# Workshop Packages

## HOST YOUR NEXT RETREAT WITH US

The Women's Healing Sanctuary is perfect for your next small group workshop or specialist retreat.

Exclusive, all inclusive 2 night, 3 night and 4 night retreat packages are available to host a maximum of 7 guests plus a facilitator.

Full day exclusive access to the Sanctuary grounds and/or Workshop Studio is available from \$250/night, including morning and afternoon tea.

## YOUR RETREAT - YOUR WAY

We love hosting a variety of wellness workshops, from yoga, meditation, self development & life coaching, counselling & therapy sessions, spiritual events and healing art therapies.

## WORKSHOP PACKAGES

Packages can be tailored to suit your group, program and budget. Packages include:

- Nourishing meals, including morning and afternoon tea
- Full access to workshop facilities and sanctuary grounds and amenities, including fire pit and lagoon pool
- Luxury accommodation (refer below)
- Additional holistic services such as massage by appointment
- An atmosphere conducive to healing and rejuvenation, offers solace and support to every woman.

**Workshop Packages include accommodation, all meals, morning and afternoon tea, and access to workshop and sanctuary facilities. Minimum 2 night stay.**

Length of Stay	PM Check-In AM Check-Out	AM Check-IN PM Check-Out
3 days (2 nights)	\$5,400	\$6,200
4 days (3 nights)	\$8,000	\$8,800
5 days (4 nights)	\$10,600	\$11,400

Effective 1/7/24. Prices include GST and are subject to change.



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# Accommodation

## SANCTUARY GUEST ACCOMMODATION



Luxury retreat accommodation for one facilitator and up to seven participants, including:

- Seven private rooms for guests
  - 1 x single-bed room\*
  - 2 x double-bed rooms\*
  - 2 x double-bed rooms\*\*
  - 1 x queen-bed room\*
  - 1 x queen-bed room w/ ensuite
- \* shared main bathroom for 4 guests
- \*\* shared bathroom between 2 guests
- All rooms contain a small fridge, toaster, coffee/tea making facilities, linen, hairdryer, and toiletries.

## FACILITATOR ACCOMMODATION

Separate accommodation from participants, with desk, free WiFi, private bathroom, and use of staff kitchen and lounge space.

Workshop Studio to host your retreat with A/C, large screen TV, whiteboard, free WiFi, chairs, bathroom, kitchenette with fridge, tea/coffee making facilities, water jugs and glassware.

**Packages are for a maximum 8 people:**  
**7 guests + 1 facilitator**  
**or 6 guests + 2 facilitators**



By choosing Women's Healing Sanctuary for your small group retreat, you join us in supporting women traversing turbulent or exhausting times.